

Reading faster with better comprehension

Hybrid training: Online course + webinars

Reading in the office now almost exclusively takes place on the screen. This is more exhausting than reading from paper and produces poorer results in terms of comprehension and retention. The exercises in this training were developed to facilitate and accelerate reading for meaning on the screen.

Participants work hands-on directly on the computer, on a learning platform specially developed for this workshop.

**Not everything that works in the classroom works online as well.
This training offers an authentic online training experience including your personal coach.**

6 Webinars:

Just the right amount of information at the right time help you to learn and practice the techniques step by step. Therefore, the exact moment of each theory session and tutorial is defined didactically when it is needed as a contribution to the group. The webinars alternate with individual practice sessions (online training) and offer live exchange, room for questions and setting of specific goals for the next exercises.

Online training:

"Circuit training" with several rounds at free timing. Each round consists of targeted exercises for eye processes and another comprehension test. Progress is therefore measured on an ongoing basis.

1:1 communication with the coach (time-independent) via the internal messaging system.

Course benefits:

- Gain time and improve text comprehension with efficient reading techniques
- Absorb content more easily, more concentratedly and more sustainably when reading on screen
- Reduce stress caused by information overload
- Easy transfer to everyday work, because all exercises are carried out directly on the screen

Course content:

- Assessment of existing reading skills
- Recognising obstructive or inefficient reading habits
- Exercises to reduce three main reading faults and to practice efficient reading techniques
- Flexible reading strategies for different situations
- Tips and tricks for reading on screen
- Optimizing the dependencies between reading technique and concentration or memory
- Frequent, motivating tests in which participants assess their progress during the course for themselves
- Alumni website for former participants, "Stay tuned plan" and 12 part transfer email series (on request) for sustainable training and application in everyday work